



Citrus Valley
Interstitial Cystitis
Support Group

BPS/IC: Challenge, Partnership, Support, Commitment

Support Group for Bladder Pain Syndrome (BPS) / Interstitial Cystitis (IC), Overactive Bladder (OAB)

Edward L. Davis, M.D,

Josephine Davis, RN, BSN, CRC • Lisa Regan, CRC- Patient Advocate • Joan King-Patient Advocate

Information: Website: www.icaction.com email: infoicaction@gmail.com

IC SUPPORT GROUP MEETING SCHEDULE

Meeting Date • Time • Speakers • Topic • Location

January-September 2017

Citrus Valley IC Support Group in our 17th Year of Support Through Education

All Welcome

January, 2017

- **Date: Tuesday, January 24, 2017**
- Time: 6:30-8:30 P.M.
- Speaker : Edward L. Davis, M.D and Everyone Who Wants to Speak
- Topic: Share Questions, Challenges, and What Changes Have You Made in your Life to Improve Your Health
- Location: Foothill Presbyterian Hospital, Glendora – Doctors’ Dining Room

March, 2017

- **Date: Tuesday, March 28, 2017**
- Time: 6:30-8:30 P.M.
- Speaker: Katrine Duvick, MBA, RDN
- Topic: Answers to the Nutrition Challenges of the IC Diet – What is Good Nutrition ?
- Location: Foothill Presbyterian Hospital, Glendora – **3rd Floor Classroom**
- Author: “The Interstitial Cystitis Solution”
- Release Date: October 2016-preorder wherever books are sold including Amazon and Barnes & Noble

May, 2017

- **Date: Tuesday, May 23, 2017**
- Time: 6:30-8:30 P.M.
- Speaker : Edward L. Davis, M.D and Everyone Who Wants to Speak
- Topic: Share Questions & Challenges
- Location: Foothill Presbyterian Hospital, Glendora – Doctors’ Dining Room

June-July-August, 2017 – Summer Break

September. 2017

- **Date: Tuesday, September 26, 2017**
- Time: 6:30-8:30 P.M.
- Speaker: To be announced
- Location: Foothill Presbyterian Hospital, Glendora – Doctors’ Dining Room

Please Note: Information Regarding Clinical Trial -AQX-1125 – Control of Inflammation