



BPS/IC: Challenge, Partnership, Support, Commitment

Support Group for Bladder Pain Syndrome (BPS) / Interstitial Cystitis (IC), Overactive Bladder (OAB)

Edward L. Davis, M.D,

Josephine Davis, RN, BSN, CRC • Lisa Regan, CRC- Patient Advocate • Joan King-Patient Advocate

Information: Website: www.icaction.com email: infoicaction@gmail.com

IC SUPPORT GROUP MEETING SCHEDULE

Meeting Date • Time • Speakers • Topic • Location

September-November 2016

Citrus Valley IC Support Group in our 16th Year of Support through Education

All Welcome

September, 2016

- **Date: Tuesday, September 27, 2016**
- Time: 6:30-8:30 P.M.
- Speaker : Edward L. Davis, M.D. and Everyone Who Wants to Speak
- Topic: Share Questions, Challenges, What You Have Learned and/or What you Think Doctors Should Know
- Location: Foothill Presbyterian Hospital, Glendora – Doctors’ Dining Room

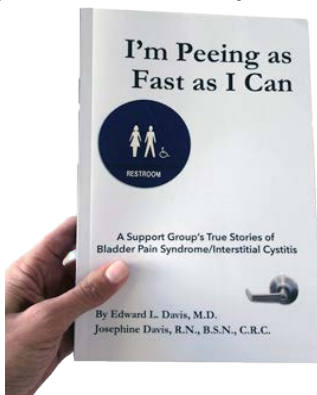
November 2016

- **Date: Tuesday, November 22, 2016**
- Time: 6:30-8:30 P.M.
- Speaker: Nicole Cozean, PT, DPT, WCS – Physical Therapist Specializing in IC, Pelvic Pain, Pelvic Floor Dysfunction
- Topic: “Continuing the Education in Bladder Pain Control ”
- Location: Foothill Presbyterian Hospital, Glendora – Doctors’ Dining Room
- Author: “The Interstitial Cystitis Solution”
- Release Date: October 2016-preorder wherever books are sold including Amazon and Barnes & Noble

● **Please buy our book on Amazon.com – books -“I’m Peeing as Fast as I Can”**

Citrus Valley IC Support Groups’ Stories of Discovery and Recovery. We appreciate your support.

Citrus Valley Interstitial Cystitis Support Group is a Non Profit corporation C2570760



● **Profits from sale of book support our group**

Amazon.com - \$19.95/paperback



Caption: Nicole speaking in May 2016

Nicole Cozean has been asked to address our group again this year because her presentation in May 2016 was phenomenal. We highly encourage your attendance to the November 22, 2016 meeting. The information shared is very educational and diverse, and in Dr. Davis' opinion, well worth your attention. Also it is an opportunity to meet the author of: *"The Interstitial Cystitis Solution"*

Description: Released on October 01, 2016, "The Interstitial Cystitis Solution" was written by our speaker in November, Nicole Cozean, to give you all the information you need, in one place. It provides scientific reviews and evaluation of potential treatments, along with a helpful treatment plan tailored to your specific symptoms and lifestyle.

The information presented in an accessible way, with real life examples for Ms. Cozean who has treated hundreds of patients who have found relief from their symptoms with the holistic treatment plan outlined in *The Interstitial Cystitis Solution*. This comprehensive guide allows you to take control of your healing and will restore sanity to the insane world of conflicting diagnoses, treatments and advise. The *Interstitial Cystitis Solution* is now available as a preorder wherever books are sold, including Amazon and Barnes & Noble

